

October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				09:30 AM - 11:30 AM Thursday Morning Foundation Program via live streaming or in person 06:00 PM - 07:30 PM Thursday night drop-in class 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	03:00 PM - 05:00 PM Saturday Foundation Program via live streaming or in person 05:30 PM - 06:30 PM Heart Jewel via live streaming or in person
4	5	6	7	8	9	10
10:30 AM - 12:00 PM Sunday Morning Drop-in meditation Class via live streaming or in person 04:30 PM - 07:00 PM TTP via live streaming or in person	10:30 AM - 12:00 PM Monday Morning Drop-in class-via Live Streaming 12:00 PM - 01:00 PM Lunch time Meditation Class via Livestreaming 06:00 PM - 07:30 PM Drop- in Meditation Class Via Live Streaming 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	09:00 AM - 10:00 AM Heart Jewel via live streaming 12:00 PM - 01:00 PM Tuesday Lunch Time Meditation Class- via live streamed	12:00 PM - 01:00 PM Lunch Time Meditation Class-via Live Streaming 06:00 PM - 07:30 PM Drop- in Meditation Class-Via Live Streaming 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	09:30 AM - 11:30 AM Thursday Morning Foundation Program via live streaming or in person 06:00 PM - 07:30 PM Thursday night drop-in class 06:00 PM - 07:00 PM Tara via live streaming or in person	06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	03:00 PM - 05:00 PM Saturday Foundation Program via live streaming or in person 06:00 PM - 08:00 PM OSG via live streaming or in person
11	12	13	14	15	16	17
10:30 AM - 12:00 PM Sunday Morning Drop-in meditation Class via live streaming or in person 04:30 PM - 07:00 PM TTP via live streaming or in person	10:30 AM - 12:00 PM Monday Morning Drop-in class-via Live Streaming 12:00 PM - 01:00 PM Lunch time Meditation Class via Livestreaming 06:00 PM - 07:30 PM Drop- in Meditation Class Via Live Streaming	09:00 AM - 10:00 AM Heart Jewel via live streaming 12:00 PM - 01:00 PM Tuesday Lunch Time Meditation Class- via live streamed	12:00 PM - 01:00 PM Lunch Time Meditation Class-via Live Streaming 06:00 PM - 07:30 PM Drop- in Meditation Class-Via Live Streaming 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	09:30 AM - 11:30 AM Thursday Morning Foundation Program via live streaming or in person 06:00 PM - 07:30 PM Thursday night drop-in class 06:00 PM - 07:00 PM Powa via live streaming or in person	06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	03:00 PM - 05:00 PM Saturday Foundation Program via live streaming or in person 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person

11	12	13	14	15	16	17
	06:00 PM - 07:00 PM Heart Jewel via live streaming or in person					
18	19	20	21	22	23	24
10:30 AM - 12:00 PM Sunday Morning Drop-in meditation Class via live streaming or in person 04:30 PM - 07:00 PM TTP via live streaming or in person	10:30 AM - 12:00 PM Monday Morning Drop-in class-via Live Streaming 12:00 PM - 01:00 PM Lunch time Meditation Class via Livestreaming 06:00 PM - 07:30 PM Drop-in Meditation Class Via Live Streaming 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	09:00 AM - 10:00 AM Heart Jewel via live streaming 12:00 PM - 01:00 PM Tuesday Lunch Time Meditation Class- via live streamed	12:00 PM - 01:00 PM Lunch Time Meditation Class-via Live Streaming 06:00 PM - 07:30 PM Drop-in Meditation Class-Via Live Streaming 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	09:30 AM - 11:30 AM Thursday Morning Foundation Program via live streaming or in person 06:00 PM - 07:30 PM Thursday night drop-in class 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	Kadampa International Fall Festival via online 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	Kadampa International Fall Festival via online
25	26	27	28	29	30	31
Kadampa International Fall Festival via online 10:30 AM - 12:00 PM Sunday Morning Drop-in meditation Class via live streaming or in person	Kadampa International Fall Festival via online 06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	Kadampa International Fall Festival via online	Kadampa International Fall Festival via online	Kadampa International Fall Festival via online 06:00 PM - 07:30 PM Thursday night drop-in class	06:00 PM - 07:00 PM Heart Jewel via live streaming or in person	03:00 PM - 05:00 PM Saturday Foundation Program via live streaming or in person