

Mahasiddha Kadampa Buddhist Center

MARCH 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30a-12p Kids Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	2 9a-10a Heart Jewel 10:30a-12p Monday Morning Drop-in Class 12:15p-12:45p Lunch time class in Eugene 6p-7:30p Drop-in Class in Eugene	3 9a-10a Heart Jewel 12:15p-12:45p Lunch time meditation in Eugene 6p-7:30p Drop-in Class in Eugene 7p-8:30p Tuesday night drop-in meditation class	4 9a-10a Heart Jewel 12:15p-12:45p Lunch Time Meditation Class in Eugene 6p-7:30p Drop-in Class in Eugene	5 9:30a-11:30a Thursday morning Foundation Program 12:30p-1:30p Heart Jewel	6 10:30a-12p Salem Foundation Program	7 3p-5:15p Foundation Program 5:30p-7p Refuge Retreat Session
8 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-6p Refuge Retreat session 6:30p-8p Refuge Retreat session	9 9a-10a Heart Jewel 10:30a-12p Monday Morning Drop-in Class 12:15p-12:45p Lunch Time class in Eugene 6p-7:30p Drop-in class in Eugene	10 9:30a-11:30a OSG 12:15p-12:45p Lunch Time Meditation Class in Eugene 6p-7:30p Drop-in Class in Eugene 7p-8:30p Tuesday night drop-in meditation class	11 9a-10a Heart Jewel 12:15p-12:45p Lunch Time Meditation in Eugene 6p-7:30p Drop-in Class in Eugene	12 9:30a-11:30a Thursday morning Foundation Program 12:30p-1:30p Heart Jewel	13 10:30a-12p Salem Foundation Program	14 10a-1p Mini Retreat in Eugene-"Break From Anxiety" 10a-12p Quick Path 3p-5:15p Foundation Program
15 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	16 9a-10a Heart Jewel 10:30a-12p Monday Morning Drop-in Class 12:15p-12:45p Lunch time class in Eugene 6p-7:30p Drop-in class in Eugene	17 9a-10a Heart Jewel 12:15p-12:45p Lunch Time Meditation in Eugene 6p-7:30p Drop-in Class in Eugene 7p-8:30p Tuesday night drop-in meditation class	18 9a-10a Heart Jewel 12:15p-12:45p Lunch Time Meditation in Eugene 6p-7:30p Drop-in Class in Eugene	19 9:30a-11:30a Thursday morning Foundation Program 12:30p-1:30p Heart Jewel	20 10:30a-12:30p Salem Foundation Program 7p-8:30p Introduction to Medicine Buddha Empowerment in Seattle	21 10a-5p Medicine Buddha Empowerment in Seattle
22 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	23 10:30a-12p Monday Morning Drop-in Class 12:15p-12:45p Lunch time class in Eugene 6p-7:30p Drop-in class in Eugene	24 12:15p-12:45p Lunch Time Meditation in Eugene 6p-7:30p Drop-in Class in Eugene	25 12:15p-12:45p Lunch Time Meditation in Eugene 1p-3p OSG 6p-7:30p Drop-in Class in Eugene	26	27	28
29 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 2p-3:30p Salem drop-in class 5p-9p LPP	30 9a-10a Heart Jewel 10:30a-12p Monday Morning Drop-in Class 12:15p-12:45p Lunch time class in Eugene 6p-7:30p Drop-in class in	31 9a-10a Heart Jewel 12:15p-12:45p Lunch Time Meditation in Eugene 6p-7:30p Drop-in Class in Eugene 7p-8:30p Tuesday night				

	Eugene	drop-in meditation class	
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