

Mahasiddha Kadampa Buddhist Center

SEPTEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30a-12p Sunday Morning Drop-in meditation Class	2 Labour Day	3 9a-10a Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	4 9a-10a Heart Jewel	5 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	6 9a-10a Heart Jewel	7 3p-5:15p Saturday FP 5:30p-6:30p Heart Jewel
8 10:30a-12p Kids class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	9 9:15a-10:15a Heart Jewel 10:30a-12p Monday morning drop-in class	10 9:30a-11:30a OSG 7p-8:30p Tuesday night drop-in meditation class	11 8:30a-9:30a Heart Jewel	12 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem Foundation Program	13 9a-10a Heart Jewel	14 3p-5:15p Saturday Foundation Program 5:30p-6:30p Heart Jewel
15 10:30a-12p Kids Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Potluck 4:30p-8:30p TTP	16 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	17 9a-10a Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	18 9a-10a Heart Jewel	19 9:30a-11:30a Thursday morning Foundation Program 6p-7:30p Salem Drop-in Class	20 9a-10a Heart Jewel	21 10a-12p Quick Path 3p-5:15p Saturday Foundation Program
22 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	23 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	24 9a-10a Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	25 9:30a-11:30a OSG	26 Temple Opening at the International Kadampa Retreat Center	27 Kadampa Fall Festival 2019	28 Kadampa Fall Festival 2019
29 Kadampa Fall Festival 2019 10:30a-12p Sunday Morning Drop-in meditation Class	30 Kadampa Fall Festival 2019					