

# Mahasiddha Kadampa Buddhist Center

# MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> 10:30a-11:30a Heart Jewel	<b>2</b> 3p-5:15p Foundation Program 5:30p-6:30p Heart Jewel
<b>3</b> 10:30a-12p Kids' Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Potluck 4:30p-8:30p TTP	<b>4</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	<b>5</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>6</b> 10:30a-11:30a Heart Jewel	<b>7</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>8</b> 10:30a-11:30a Tara Prayers	<b>9</b> 10a-12p Quick Path Program 3p-5:15p Foundation Program
<b>10</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-6:30p OSG	<b>11</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	<b>12</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>13</b> 10:30a-11:30a Heart Jewel	<b>14</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>15</b> 10:30a-11:30a Powa	<b>16</b> 3p-5:15p Foundation Program 5:30p-6:30p Heart Jewel
<b>17</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	<b>18</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Meditation Class	<b>19</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>20</b> 10:30a-11:30a Heart Jewel	<b>21</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>22</b> 10:30a-11:30a Heart Jewel	<b>23</b> Prajnaparamita Empowerment in Tacoma
<b>24</b> 10:30a-12p Sunday Morning Drop-in meditation Class	<b>25</b> 10:30a-12:30p OSG	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP						