

# Mahasiddha Kadampa Buddhist Center

# FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> 10:30a-11:30a Heart Jewel	<b>2</b> 2:15p-3p AMM 3p-5:15p Foundation Program 5:30p-6:30p Heart Jewel
<b>3</b> 10:30a-12p Kids Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Potluck	<b>4</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in	<b>5</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>6</b> 10:30a-11:30a Heart Jewel	<b>7</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>8</b> 10:30a-11:30a Tara Prayers	<b>9</b> 3p-5:15p Foundation Program 5:30p-6:30p Heart Jewel
<b>10</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-6:30p OSG	<b>11</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	<b>12</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>13</b> 10:30a-11:30a Heart Jewel	<b>14</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>15</b> 10:30a-11:30a Powa	<b>16</b> 10a-12p Quick Path 3p-5:15p Foundation Program
<b>17</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	<b>18</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday morning drop-in Class	<b>19</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>20</b> 10:30a-11:30a Heart Jewel	<b>21</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>22</b> 10:30a-11:30a Heart Jewel	<b>23</b> Heart Jewel retreat with teachings and guided meditations 10:30a-12p session 1: 12:30p-2p session 2 3p-4:30p session 3
<b>24</b> Heart Jewel Retreat 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-6p session 4: 6:30p-8p session 5	<b>25</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class 6p-8p OSG	<b>26</b> 7p-8:30p Tuesday night drop-in meditation class	<b>27</b> 10:30a-11:30a Heart Jewel	<b>28</b> 9:30a-11:30a Thursday morning Foundation Program 6p-7:30p Salem drop-in Class		