

Mahasiddha Kadampa Buddhist Center

JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Long Life Retreat 12p-1p session 1 1:30p-2:30p session 2 3p-4p session 3	2 Lamrim retreat 9a-10:30a session 1 11a-12:30p session 2 5p-6:30p session 3 7p-8:30p session 4	3 Lamrim Retreat 9a-10:30a session 5 11a-12:30p session 6 1p-2:30p session 7	4 Lamrim retreat 9a-10:30a session 8 11a-12:30p session 9 5p-6:30p session 10 7p-8:30p session 11	5 Lam Rim Retreat 11a-12:30p session 12 1p-2:30p session 13 3p-4:30p session 14
6 10:30a-12p Kids Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p potluck 4:30p-8:30p TTP	7 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	8 5:30p-6:30p Tara puja 7p-8:30p Tuesday night drop-in meditation class	9 10:30a-11:30a Heart Jewel	10 9:30a-11:30a OSG 6p-8p Salem FP	11 10:30a-11:30a Heart Jewel	12 Vajrayogini Retreat 9a-11a session 1 11:30a-1:30p session 2 3p-5:15p Saturday FP
13 Vajrayogini Retreat 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-6:30p session 3 7p-9p session 4	14 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	15 5:30p-6:30p Powa 7p-8:30p Tuesday night drop-in meditation class	16 10:30a-11:30a Heart Jewel	17 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem Foundation Program	18 10:30a-11:30a Heart Jewel	19 3p-5:15p Saturday FP 5:30p-6:30p Heart Jewel
20 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	21 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	22 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	23 10:30a-11:30a Heart Jewel	24 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem Foundation Program	25 9:30a-11:30a OSG	26 3p-5:15p Saturday FP 5:30p-6:30p Heart Jewel
27 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	28 9:15a-10:15a Heart Jewel 10:30a-12p Monday Morning Drop-in Class	29 10:30a-11:30a WFJ With Tsog Offering 7p-8:30p Tuesday night drop-in meditation class	30 10:30a-11:30a Heart Jewel	31 9:30a-11:30a Thursday morning Foundation Program 6p-7:30p Salem Drop--in Class		