

# Mahasiddha Kadampa Buddhist Center

# OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 9:15a-10:15a Heart Jewel 10:30a-12p Monday morning drop-in meditation class	<b>2</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>3</b> 10:30a-11:30a Heart Jewel	<b>4</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem Foundation Program	<b>5</b> International Kadampa Festival Portugal 10:30a-11:30a Heart Jewel	<b>6</b> International Kadampa Festival Portugal
<b>7</b> International Kadampa Festival Portugal 10:30a-12p Kid's Class 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Potluck	<b>8</b> International Kadampa Festival Portugal 9:30a-10:15a Tara Prayers 10:30a-12p Monday morning drop-in class	<b>9</b> International Kadampa Festival in Portugal 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>10</b> International Kadampa Festival in Portugal 9:30a-11:30a OSG	<b>11</b> International Kadampa Festival in Portugal	<b>12</b> 8:30a-9:30a Heart Jewel	<b>13</b> 3p-5:15p Foundation Program 5:30p-6:30p Heart Jewel
<b>14</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and me tea 4:30p-8:30p TTP	<b>15</b> 9:30a-10:30a Powa 10:30a-12p Monday Morning Drop-in Class	<b>16</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>17</b> 10:30a-11:30a Heart Jewel	<b>18</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem Foundation Program	<b>19</b> 10:30a-11:30a Heart Jewel	<b>20</b> 10a-12p Quick Path 3p-5:15p Foundation Program
<b>21</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	<b>22</b> 9:15a-10:15a Heart Jewel 10:30a-11:30a Monday morning Drop-in Class	<b>23</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>24</b> 10:30a-11:30a Heart Jewel	<b>25</b> 9:30a-11:30a OSG 6p-7:30p Salem Drop-in class	<b>26</b> 10:30a-11:30a Heart Jewel	<b>27</b> 3p-5:15p Foundation Program
<b>28</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Buddha and Me Tea 4:30p-8:30p TTP	<b>29</b> 10:30a-12p Monday Morning Meditation Class 7p-8p Wishfulfilling Jewel with Tsog	<b>30</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>31</b> 10:30a-11:30a Heart Jewel			