

# Mahasiddha Kadampa Buddhist Center

# JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Amitayas Long Life Retreat 11a-12p Retreat Session 1 12:30p-1:30p Retreat Session 2 2p-3p Retreat Session 3	<b>2</b> 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>3</b> 10:30a-11:30a Heart Jewel	<b>4</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>5</b> 10:30a-11:30a Heart Jewel	<b>6</b> 10a-12p Quick Path 3p-5:15p Foundation Program 5:30p-6:30p Q and A
<b>7</b> 10:30a-12p Sunday Morning Drop-in meditation Class 12p-1p Potluck 4:30p-8:30p TTP	<b>8</b> 10:30a-11:30a Tara puja	<b>9</b> 10:30a-12p Morning Drop-in Class 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>10</b> 9:30a-11:30a OSG	<b>11</b> 9:30a-11:30a Thursday morning Foundation Program 6p-8p Salem FP	<b>12</b> 10:30a-11:30a Heart Jewel	<b>13</b> 10a-12p Quick Path 3p-5:15p FP
<b>14</b> 10:30a-12p Sunday Morning Drop-in meditation Class 4:30p-8:30p TTP	<b>15</b> Lamrim Retreat Sessions 8a-9:30a Retreat Session 1 10a-11:30a Retreat Session 2 12p-1:30p Retreat Session 3 5:30p-7p Retreat Session 4 7:15p-8:45p Retreat Session5	<b>16</b> 10:30a-12p Morning drop-in class 5p-6:30p Lamrim Retreat Session 6 7p-8:30p Tuesday night drop-in meditation class	<b>17</b> 8:30a-10a Lamrim retreat Session 7 10:15a-11:45a Retreat Session 8	<b>18</b> 9:30a-10:30a Lamrim Teaching and guided meditation on #9 in HtUtM 10:45a-11:45a Lamrim Teaching and Meditation #10 from HtUTM 6p-8p Salem FP	<b>19</b> 8:30a-10a Lamrim retreat Session 11 10:15a-11:45a Lamrim retreat Session 12	<b>20</b> 10a-11:30a Lamrim Retreat Session#13 3p-5:15p Foundation Program 5:45p-7:15p Lamrim retreat #14
<b>21</b> Vajrayogini Quick Path sessions 10:30a-12p Sunday Morning Drop-in meditation Class 12:30p-2:30p session 1 4:30p-6:30p session 2 7p-9p session#3	<b>22</b> 10:30a-11:30a Heart Jewel	<b>23</b> 10:30a-12p Morning drop-in class 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>24</b> 10:30a-11:30a Heart Jewel	<b>25</b> 9:30a-11:30a OSG 6p-7:30p Salem GP	<b>26</b> 10:30a-11:30a Heart Jewel	<b>27</b> 3p-5:15p Foundation Program 5:45p-6:45p Heart Jewel
<b>28</b> 10:30a-12p Sunday Morning Drop-in meditation Class 4:30p-8:30p TTP	<b>29</b> 10:30a-11:30a WFJ with tsog	<b>30</b> 10:30a-12p Morning Drop-in class 5:30p-6:30p Heart Jewel 7p-8:30p Tuesday night drop-in meditation class	<b>31</b> 10:30a-11:30a Heart Jewel			